

Honorary Patron of EUSI – Her Honor, Lois Mitchell, Lieutenant Governor of Alberta

Feb 2017 is the 105th^t Anniversary of the Edmonton United Services Institute



EDMONTON UNITED SERVICES INSTITUTE

PRESIDENT'S ENEWS

FEBRUARY 2017

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President's Comment

Friends and supporters of the EUSI, Kung Hai Fat Choy. This is the Cantonese New Year's greeting which means hoping you all will have a prosperous year with money befall upon you. This year is the year of the Rooster and Chinese New Year's Day was on January 28. USA President Trump was sworn in and the world still existed. A renewed Canadian initiative for expanded involvement in the United Nations will see Canadian soldiers in Ukraine, Poland, and Latvia sometime in March. Their role is still not clearly defined. I was at a 408 THS function on January 13 and it was announced at least 8 Griffin helicopters plus logistic support will be deployed to Iraq in early April. Their role and the rules of engagement are not clearly defined. Canada has already deployed 200 soldiers of the Special Forces Branch in Iraq who are reportedly not in a combat role but will engage the enemy for self defence and protect civilians. The airmen and air women in 408 THS will undoubtedly face far more danger and much more susceptible to surface to air missiles than the previously deployed F-18s. Due to the complicated political forces interacting on the ground, I hope there will be military intelligence support as well as political and legal analysts attached with the task force.

In addition to military deployment, a small group of Canadian police will be somewhere in South America, to assist the local Federal Police to standardize procedures. In parts of SA, factions of Maoist Revolutionaries are operating under the guise of criminal and anti-governmental activities to undermine government stability. I just returned from Columbia recently and can certainly sense the discontent in parts of Columbia. It is a proactive maneuver on the part of Canada to pay attention to the corner of the world where instability can ferment chaos later on.

In the February 2013 issue of Enews, we have predicted large scale violence in France, USA, Belgium and Holland that will be carried out by home grown terrorists and Islamic fanatics. Michael Scheuer in his book "Osama bin Laden" explained that there are many moles or sleeping cells operating in countries that have accepted refugees from trouble spots with strong al-Qaida presence. One of the functions of these moles is to radicalize seemingly unstable and easily

influenced young people to carry out terrorist attacks. Security forces around the world are still scratching their heads to explain the sources and causations of these horrific attacks. With ISIS losing grounds in Iraq and Syria, we must be more vigilant that these sleeping cells will be more active.

Edmonton Salutes Committee welcome troops home - The EUSI will again be part of the Edmonton Salutes Committee to welcome home soldiers deployed in the middle-east and other parts of the world. We will be serving Timmy's coffee and donuts at the Edmonton International Airport for the returning soldiers. If you would like to volunteer for this function, please Email Kaet at Kaetlyn.corbould@edmonton.ca and identify yourself as a member of EUSI. Details as follows:

Ops REASSURANCE:

24 FEB at 1835 hrs -114 members

1 MAR at 1835 hrs - 88 members

Ops UNIFIER

5 MAR at 0020 hrs - 21 members

10 MAR at 0020 hrs - 39 members

As in the past, Salutes will have hosts for the returns, who are required to pick up the Tims order from the main terminal (Gate 8/9) of the EIA, liaise with the EPS escort and the terminal operators regarding set-up of the tables for the Tims order. Please note that the times are highly likely to change.

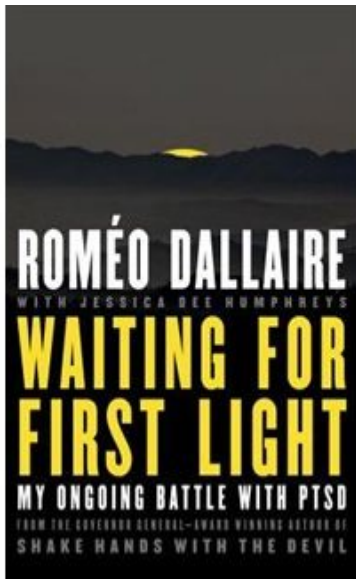
Please let Kaet know if you would like to volunteer to be the host or assist at one of the returns.

The Royal Commonwealth Society of Edmonton

The RCSE will be holding a national conference in Edmonton on June 2 and 3, 2017 at the Ramada Hotel in Kingsway. A number of dynamic speakers, including the Secretary of The Royal Commonwealth will be addressing and speaking at the conference. A formal dinner will be held on Saturday, June 3rd 2017. If you are unable to attend the full conference, your presence at the formal dinner is appreciated. A personal invitation will be forwarded to all members of the Edmonton United Services Institute shortly. The EUSI is a strong supporter of the RCSE and a financial beneficiary of RCSE. Please support the RCSC and participate in this coming event.

CANADIAN MILITARY READING

WAITING FOR FIRST LIGHT, MY ONGOING BATTLE WITH PTSD - By Romeo Dallaire and Jessica Dee Humphrey, Random House Canada, 2016.



Roméo Dallaire, retired general and former senator, the author of the bestsellers *Shake Hands with the Devil* and *They Fight Like Soldiers, They Die Like Children*, delves deep into his life since the Rwandan genocide. Roméo Dallaire, traumatized by witnessing genocide on an imponderable scale in Rwanda, reflects in these pages on the nature of PTSD and the impact of that deep wound on his life since 1994, and on how he motivates himself and others to humanitarian work despite his struggles. Though he had been a leader in peace and in war at all levels up to deputy commander of the Canadian Army, his PTSD led to his medical dismissal from the Canadian Forces in April 2000, a blow that almost killed him. But he crawled out of the hole he fell into after he had to take off the uniform, and he has been inspiring people to give their all to multiple missions ever since, from ending genocide to eradicating the use of child soldiers to revolutionizing officer training so that our soldiers can better deal with the muddy reality of modern conflict zones and to revolutionizing our thinking about the changing nature of conflict itself.

In April, 2000, PTSD was still not well understood in Canada's military. Some of us will remember Romeo Dallaire was found by the Rideau River in an agitated and confused state. Undoubtedly, this incident, which was publicized all over Canada, led to his dismissal from the military. Today, he would most likely have been given the help he needed. That is to say, the Canadian military has made significant progress in recognizing PTSD and delivering needed services. However, we are still a long way from de-stigmatizing PTSD within the forces. Unacceptable number of veterans suffering from PTSD, are still not able to access the help they required, resulting in unnecessary tragedies such as the recent incident in Nova Scotia. There is a need to integrate federal health services and provincial services to provide follow up care.



MEMBERSHIP PROFILE - Lieutenant Colonel (retired) Hans Brink, CD, is the Vice President of Edmonton United Services Institute and a long time member.



Lieutenant Colonel Hans Brink first joined the Regular Forces in July 1974.

After one year he was released to attend the University of Calgary. During this time he joined the Calgary Highlanders where he served with them as a Private through to Lieutenant. When he graduated from the U of C with a Bachelor of Arts Degree in History he transferred to the Regular Army and served with the Princess Patricia's Canadian Light Infantry until 2000.

During his 21 years as a Patricia he served with the First and Third Battalions, which resulted in eight moves and nine postings across Canada and England. He has two United Nations tours of Cyprus and served in Bosnia as part of the NATO Standing Force, SFOR. His most enjoyable job in the Army was at the Trials and Evaluations Section in Gaagetown, New Brunswick. While there he conducted 32 Trials on everything from Gerber knives to the Winter Firing Trials of the Eryx and HOT Missile systems. That is where his interest in weapons simulation systems started.

At the completion of his Regular Force Career he joined the Loyal Edmonton Regiment (4 PPCLI). He served as Special Project Officer, moving the unit from Griesbach to the new Armoury, Adjutant, Officer Commanding A Coy, Operations Officer, Deputy Commanding Officer and finally Commanded the unit from September 2006 to April 2008.

None of the above would have been possible without the loving support of his wife Nancy, who endured all the ups and downs of moving their family every couple of years. They have two children, Kirstin and Aaron.

Lieutenant Colonel Brink is retired from the Canadian Forces after 34 years of service in the Reserves and Regular Forces.

LCol Brink enjoys volunteer work. Has volunteered with Valour Place, the Royal Alberta Museum, The Loyal Edmonton Regimental Museum, Alberta Hunter Education Instructors Association and the EUSI.



HUMOR

For Chinese New Year celebration, LCol (ret'd) GG McLean, instead of sending me lucky money as Chinese New Years custom follows, send me the following Zen teachings. Gee, what are friends for.

1. Sex is like air. It's not that important unless you aren't getting any.

2. Always remember you're unique. Just like everyone else.

3. Never test the depth of the water with both feet.

4. If you think nobody cares whether you're alive or dead, try missing a couple of mortgage payments.

5. Before you criticize someone, you should walk a mile in their shoes. That way, when you criticize them, you're a mile away and you have their shoes.

6. If at first you don't succeed, skydiving is not for you.

7. Give a man a fish and he will eat for a day. Teach him how to fish, and he will sit in a boat and drink beer all day.

8. If you lend someone \$20 and never see that person again, it was probably well worth it.

9. Some days you are the dog, some days you are the tree.

10. There are two excellent theories for arguing with women, neither one works.



CANADIAN GEAR

The **CG634** is the [Canadian Armed Forces'](#) main [combat helmet](#). It was introduced in 1997 and is based on the French [Gallet TC-3](#) helmet.

History

The Canadian military sought a replacement for the steel [M1 Helmet](#) in the 1980s. In 1984 it trialed the British [Mk. 6](#), the American [PASGT](#), and the Israeli OR402 composite helmets to determine the best characteristics of form, fit and, ballistic protection. A concept design was developed and the Barrday Co. of Cambridge Ontario received a contract to produce over 2,000 Spectra helmets between 1988 and 1990 for ballistic, engineering, and user trials. While the Barrday helmet performed well ballistic ally, field trials identified significant shortcomings. The Barrday contract was scrapped and the search for a new helmet resumed in late 1992. After testing a number of European off-the-shelf designs the process was completed in May 1996 and a contract to produce 60,000 helmets was issued to the French company Gallet, which produced the TC-3 helmet and its variants for the French, Danish, and Austrian armies. From 1997 to 2004 the CG634 was manufactured by Gallet Sécurité Internationale in Saint-Romuald, Quebec. Subsequent contracts have been placed with MSA, which bought Gallet in 2002.¹



Design

The CG634 is made of Aramid (Kevlar) and has a minimum v50 of 634 m/s (compared to the PASGT's 610 m/s). It mates a modified French design, based on the PASGT, but adapted for compatibility with Canadian equipment (head-set, respirator, vision devices, and armoured vest). The suspension system combines a thick foam trauma liner with a rubber and nylon webbing suspension based on the French Mle-78 (Gallet TC-3). The CG634 has a 4-point chinstrap with flip down adjustment pieces.

The CG634 has a somewhat similar shape and is sometimes mistaken for the later [United States Army's MICH TC-2000 Combat Helmet](#). The MICH uses a foam padding system in its ground combat helmet instead of webbing. The only pad system approved for use in combat is manufactured by Team Wendy and supplied by National Industries for the Blind.^[4] These pads may also be used with the CG634.

When necessary, a [night vision](#) goggle mount is issued. The mount consists of a green metal bracket that hooks over the front of the helmet and the mount which is screwed into it. There is a strap that loops through the mount and connects to a large ring which is usually on the top of the helmet and two more straps secure the mount to the back of the helmet. The mount is compatible with [AN/PVS-7](#) and [AN/PVS-14](#) night vision systems.

The CG634 is made with Kevlar material and is better ballistic resistant. It comes with three sizes, large, medium and small. Adjustment for head size is done with the inner layer. Unfortunately the entire user manual, CF8470-21-912-7719, does not prescribe the weight of this helmet. With all the possible attachments, including night vision goggle or gas mask, the modern soldiers need to have a nice thick neck to support the weight.



2017 Membership Renewal

Your membership secretary, Capt John Pinsent will be sending your 2017 membership renewal in the mail. Please continue to be a member of the EUSI.



Securitas

Alexander Tsang CD

MAJOR (RETIRED)

PRESIDENT

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IT IS TOO LATE TO SHARPEN SWORDS, WHEN THE DRUMS OF WAR ARE BEATING